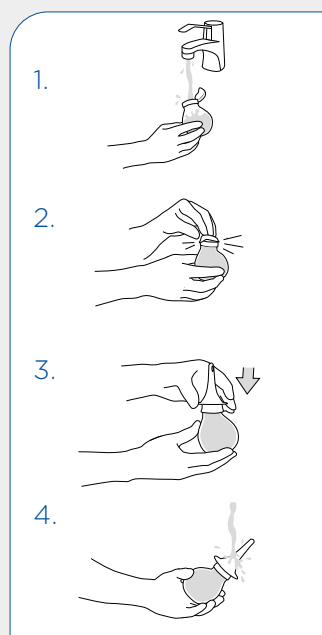
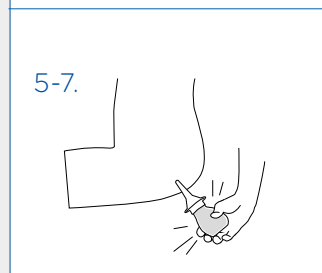


NAVINA MINI SET QUICK GUIDE



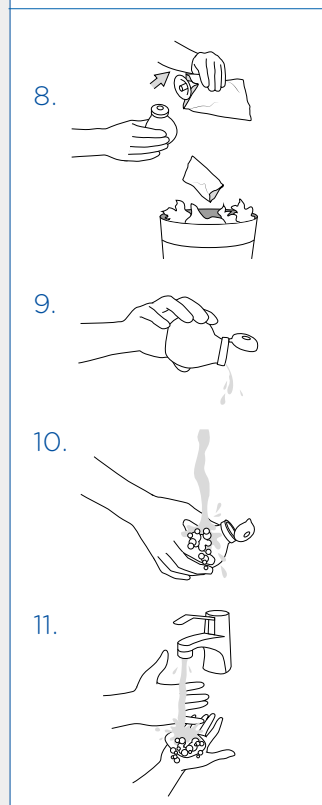
Preparation:

1. Open the lid and fill the entire water container with lukewarm (36-38° C) tap water.
2. Close the lid.
3. Open the bag and assemble the cone to the water container.
4. Activate the slippery coating of the cone to its base by wetting it with tap water.



Instillation:

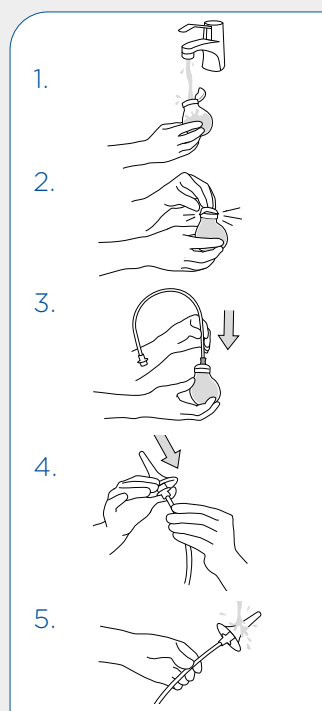
5. Sit on or stand over the toilet and insert the cone into rectum carefully.
6. When the cone is in place, gently squeeze the water container to instill the water. Make sure you only insert the pointed section of the cone and stop when you reach the wider base.
7. Pull out the cone and let the bowel empty.



Disassembling and cleaning

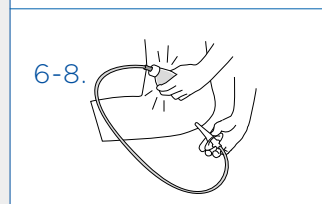
8. Put the cone back in the bag and dispose in the household waste.
9. Open the lid of the water container and empty remaining water.
10. Gently clean the water container after each use with soapy lukewarm water only. Let dry.
11. Wash your hands.

NAVINA MINI EXTENSION SET QUICK GUIDE



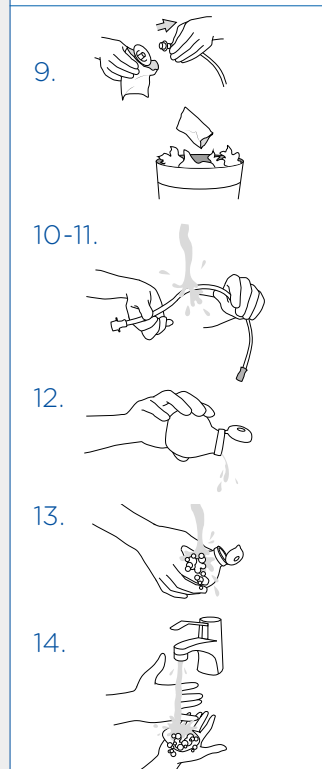
Preparation:

1. Open the lid and fill the entire water container with lukewarm (36-38° C) tap water.
2. Close the lid.
3. Assemble the extension tube with the water container.
4. Open the bag and assemble the cone to the extension tube.
5. Activate the slippery coating of the cone to its base by wetting it with tap water.



Instillation:

6. Sit on or stand over the toilet and insert the cone into rectum carefully.
7. When the cone is in place, gently squeeze the water container to instill the water. Make sure you only insert the pointed section of the cone and stop when you reach the wider base.
8. Pull out the cone and let the bowel empty.



Disassembling and cleaning

9. Put the cone back in the bag and dispose in the household waste.
10. Disassemble the extension tube and water container.
11. Clean the extension tube by rinsing with soapy lukewarm water only and let dry.
12. Open the lid of the water container and empty remaining water.
13. Gently clean the water container after each use with soapy lukewarm water only. Let dry.
14. Wash your hands.

Navina Mini - For full instructions for use please visit: ifu.wellspect.com